

SENIOR NEWSLETTER

FINAL EDITION!!!

Last Minute Information.....

Four Year bound Students: Remember to 1) finalize housing plans 2) sign up for orientation 3) **send in final transcripts.** To send transcripts – come to the Career Center to print out an envelope. Fill out the yellow form. Take form, envelope and \$1 to the counseling office and they will send it out for you. Do it now – don't wait until the last minute!!

Community College Students: Registration workshop during dback, May 9. If you haven't selected classes, you need to do so **NOW!** Even if you never made it to your counseling appointment, you can still sign up. Come see me if you need help!!

All Seniors: You will need to complete your senior exit survey as part of senior checkout. You can complete it in the Career Center, in the library or at home. Here's how - Log on: UMHS website → Academics → Career Center → blue Navinace link on the left sidebar.

User Name = first four letters of last name + UM ID# (email number, without @....)

Password = first initial, last initial, + last four digits of perm D # (password number)

Open "About Me" tab: surveys will be on the left.

Surveys to complete –

- Senior Graduation Survey
- Senior Supplemental Survey

Be sure to list **all colleges** you applied to, and the result of that application! Once surveys are complete, bring your check out sheet to the Career Center for me to sign you off.

Sign the 'Senior Wall'! Come sign wall next to the door of the Career Center. Let us know what you are planning to do next fall!

Tips for College – things they forget to tell you

Books: Save \$\$\$ by purchasing your books online, rather than at the college bookstore. Amazon.com, textbook.com, ecampus.com – are some resources. Renting books will also save you money – **check out Chegg.com!** The trick is to know which books you need in advance, so that you allow time for shipping. To figure out what books you will need, take a copy of your class schedule (with course number and teacher) into your college's bookstore and make a list of the books you'll need – making sure to get the correct edition.

Scantrons: Colleges require you to buy your own scantrons and bluebooks (for essay exams) for your tests. Pick these up at the beginning of the school year, so you will be prepared in advance ... nothing is worse than running late on the morning of the exam and just as you slide into class you realize that you forgot to stop by the bookstore and buy a scantron. As an added bonus, you can even use scantrons as a money maker (though don't expect to make enough to pay off those student loans): buy extras and then sell them to those who forgot theirs on test day!

Student ID cards from your college usually provide you with:

- Library privileges.
- Free or reduced fares for public transportation in most cities.
- Printing privileges – most school libraries allow you to load money on your library card which you can use for printing (sorry – you no longer get free printing in the library!). It is wise to load \$5 on your card so that when you are frantically finishing up that essay for your English class you can actually print it and turn it in! Otherwise, no money, no printing, no grade!

Congratulations Class of 2018! I wish you success as you leave Union Mine. It has been a pleasure working with you. Best Wishes, Mrs. Galbraith

ADVICE FROM LAST YEAR'S SENIORS!

Step out of your comfort zone, set big goals for yourself, and don't be afraid to ask for help along the way! **Anna Marie Repetto – Cal Poly, SLO**

- Don't be afraid to put yourself out of your comfort zone and meet new people. It's going to feel awkward, but everyone is feeling the same way.
- If you are going to live with roommates, try to remember you share a room. While you have a right to personal space, so too does your roommate.
- Do not make an enemy out of your roommate, it will not be fun for anyone involved.
- Go out and do things. It's comfy and safe to hold up in your room, but if you're moving somewhere new for school, go and explore the area.
- This is a new chapter in your life. If you want to reinvent yourself, you can! **Noah Watkins – Long Beach State**

Don't forget the three 'P's of what not to do in college: "Don't procrastinate, don't party, and don't plagiarize!" **Cash Rion – Folsom Lake College**

College is definitely fun, but you have to remember that you are here for school and that must rank high on your priorities. Definitely have lots of fun since these are the best years to do so and make the most of it, but manage your time wisely and balance everything out. Get involved and stay active through clubs, organizations, Greek life, or jobs. Use your time wisely and remember, your here for a good time not a long time. **Ricardo Rojas-Salcedo – UC Irvine**

Get involved! I joined a couple clubs and have made many friends through them. Being involved around campus is a great way to meet people and spend time. Instead of spending my free time binge watching Netflix, I am out being active. **Mason Brink - University of Idaho**

You are about to experience a lot of personal growth and development. Be excited! You will be fine no matter what you choose. And everyone has their own path, so don't compare yourself to others. Try to relax as much as possible. Also try to branch out and learn about what's around you. The time will fly by, and it's important to work on self-improvement and set goals. You are surrounded by more resources than you know. Embrace the opportunities!!! **Brooke Haynes – Sonoma State**

If you're still trying to decide on a major or just a major specific path, try volunteering. There are lots of programs in schools and in the community that can give you experience so you can decide what you do/don't like, plus you can directly speak with people in the industry to get their insight. It is low stress since it is just a volunteer position, and often times they will be willing to work with your schedule. **Savannah Henderson – FLC**

Find a small group of people and go explore your school's campus before classes start. It's a great way to meet people who might become friends, plus almost all college campuses offer a wide array of resources, workshops, clubs, etc. - and once the school year officially begins, you won't get a chance to explore again **Michaela Yack – UC Davis**

Three tips for you to be successful in college:

- Tip #1: Time Management** - it is so important to use your time wisely!
Tip #2: Sleep - college is easy, but work-heavy! Find time to get a good rest!
Tip #3: Have fun! Enjoy the college experience! **Kylie Hogan – FLC**

Don't rush life. Don't rush anything - keep calm move one step at a time. Success whether it be with friends, school, or work is a like a hot pocket. If you cook it in the oven it will always come out tasting better as opposed to cooking it in a microwave. And most of all, if you want something apply yourself. **Chris Geer - FLC**

You get out what you put in. You can show up and pass the class with a minimum grade and not learn a thing, or you can ask questions and maybe learn a meaningful lesson from each and every class. Always politely question your teachers' logic when you do not agree with their opinions to force them to substantiate their arguments further. Never take one teacher's word as fact. Always do your research and homework to critically analyze the material for yourself. **Tanner Gallagher – Sac State**

Don't overload yourself with credits, I know its tempting to want to take a lot so you can graduate early or whatever. Make sure you pace yourself, you can always take summer classes or even 1 extra semester; this way you can make sure you are overloaded and stressed all semester. Also, don't be afraid to switch your major is you aren't happy, the happier you are in your classes the more likely you are to do better in them! **Dylan Bauer – University of Colorado, Boulder**

Remember to bring professional looking clothing, you never know when a teacher will want you to dress up for a presentation or if you get a job interview you need to look nice. Bringing a mirror is not a bad idea either. Also, if you take an AP test and your advisor says the credit doesn't count, double check because they could be wrong and you don't want to get stuck in a class you didn't have to take. Bring a microwave if you can! **Nicole Haynes – Cal Poly, Pomona**

Go to office hours! Professors are there to help you. Also, don't overload yourself with too many units. Taking fewer classes at a time helps you do better in the ones you do take, especially while you're still getting adjusted to college. Finally, come into college with an open mind and positive attitude, there are so many new opportunities for you to find your passions and you might be surprised at what you find interesting. **Chantal Lapeyrade - Cal Poly, SLO**

My top advice would be: 1) Don't stress over trying to make new friends at the start of the school year. Academics are stressful enough. Friendships don't feel right if forced. Good friends come with time. 2) Join an organization because you'll enjoy it, not just because it looks good on your resume (but that could be a plus). You want to enjoy yourself around those with similar interests in your free time instead of feeling like you just have something else to complain about. **Daisy Knobloch – UC Berkeley**

The top ten things to bring to College: 1. Headphones 2. Febreze 3. A good pillow 4. Ream of printer paper 5. Extension cord 6. Flip flops for the shower 7. Keurig 8. Tape 9. Earplugs 10. Password to your parents' Netflix account